

Vermilion and Area

Interagency

September 2021

Next Interagency Meeting: Thurs. January 13th

Online format, watch for further details by email.

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**LINKING
INFORMING
COLLABORATING
HELPING ORGANIZATIONS**



For more information contact: Carol Coleman, Town of Vermilion Family & Community Support Services (FCSS) Coordinator 780.581.2413 ccoleman@vermilion.ca or CLASS Vermilion River Adult Learning 780.853.2000, ceo@classab.ca:30

The Nest Project

Jodie Simmonds Email: jsimmondswellness@gmail.com Call 639.536.3939
Kerri Lorensen Email: kerrilorensen@gmail.com Call 780.259.0067

- Hello everyone! We have some online programs starting up and would love to have you join us! Our Living Well program is funded by Lloydminster Region Health Foundation in partnership with Thorpe Recovery Centre. We are currently offering in-person and online options which are open to anyone in our region at no cost. Visit <http://lloydminstermentalhealth.ca/livingwell/> to learn more and pre-register.
- Living Well: Practices for Everyday Well-being:
 - Presence – September 20th, 7:00 to 8:00 pm, via zoom
 - Cultivating Meaningful Connection – September 23 and 30th 7:00 to 8:00 pm via zoom

Rural Mental Health Project, Vermilion

(Supported by Canadian Mental Health Association, FCSS Vermilion)
Derek Collins, Community Animator Email: Derek.Collins@lakelandcollege.ca
Sarah Popil, Community Animator Email: Sarah.Popil@lakelandcollege.ca

- Check out web link <https://derekcollins.podbean.com/> for interviews with local community members and mental health resources.

Vermilion Public Library www.vplibrary.ca

Sheila Heit, Program Coordinator Email: sheila@vplibrary.ca Call 780.853.4288

- Employment Services Session 3:00 – 4:00 pm Thursday, October 7 in the Library basement and face book live. Registration is not required. The session includes three presenters providing information and tips on how to find employment help in our local area and also included is a short training session on resume writing.
- Annual General Meeting – 7:00 pm Wednesday, October 27 in Library Basement. All are welcome to attend.





Prairie Central Fetal Alcohol Spectrum Disorder (FASD) www.prairiecentralfasd.ca

Jen Willies, FASD Educator Office 587.386.0186

Email j.willes@prairiecentralfasd.ca

- September is International FASD Awareness Month!
- Prairie Central is still busy and committed to providing FASD Prevention and Awareness messaging to your community, providing free access to FASD 101 and Prevention Conversation training for professionals that work with youth and adults (in-person and virtual), as well as referral, assessment/diagnostic and consultative services. Please contact Jen Willes, FASD Educator, for more information.

Community Addiction and Mental Health, Alberta Health Services

Vermilion Addiction Services, Vermilion Provincial Building (4701 – 52 St.)

Keily Stetson, Addiction Counsellor 780.581.8000

Email: Keily.Stetson@albertahealthservices.ca

- Open to in-person office visits, phone and zoom sessions also possible.



Catholic Social Services – Premura Counselling 780.875.9084

6612 – 35 St., Lloydminster, AB (Main office location)

Todd McIntyre, Counsellor

- Vermilion residents receive five free visits (covered by Town of Vermilion FCSS), thereafter a sliding fee schedule based on family income.
- Book phone, virtual, or in-person appointments. There is an option to see Todd in Vermilion or in Lloydminster.

Parents Empowering Parents (PEP) Society, www.pepsociety.ca

2001 Sherwood Drive, Sherwood Park, AB T8A 3W7

Lerena Greig, Executive Director 780.410.8516

Support Line 780.293.0737

Email info@pepsociety.ca

- Not in My Family, Addiction Lies – FREE webinar on Monday, September 27 at 7:00 pm. Pre-registration required, use email or go to pepsociety.ca/free-webinars.
- Registered not-for-profit society, founded over 16 years ago
- Provides professional facilitated support and innovative family recovery programs. Newsletter available.
- Family recovery support line day/evenings/weekends that are professionally managed.

Lloydminster Local Immigration Partnership (LLIP), website www.lloydip.ca

Kemoh Mansaray, LLIP Coordinator, Catholoci Social Services, Lloydminster 780.875.9084 Ext 3309

Email: Kemoh mansaray@cssalberta.ca

- Workplace Inclusion Chatter Forum (online) Thursdays, October 14 & 21 – Goal is to bring employers together to learn how to build a more welcoming, inclusive and equitable workplace and community. Theme is “Recruitment and Retention in the Post-Covid Era”. Three forum components covered:
 - On demand, pre-recorded presentations available from October 7th
 - Panel discussion and live, interactive workshops on October 14th
 - Breakout discussions, networking, and keynote speech on October 21st

Lloydminster Interval Home Society

Leslie Bakker, Public Education Facilitator 780.808.5282, Ext 2005

Email leslieb@lloydintervalhome.com

- Community Programs are being offered virtually. Self-empowerment for Women and Strength to Change Men’s Program offered via zoom. Call 780.875.0966 to register.
- Family Violence Outreach Services offered in-person and virtually with safety protocols in place.
- For Public Education Presentations topics and info, visit website at www.intervalhome.org
- Learn with LIHS Zoom presentations: Family Violence Tuesday, September 28 from 2:00 – 3:00 pm, Overview of Lloydminster Interval Home programs and services Tuesday, October 12 from 1:30 – 2:30 pm. Email leslieb@lloydminsterintervalhome.com to register.
- New program: Supports for Older Adults – Goal of program is to increase safety, support, and well-being for older adults experiencing or at risk of elder abuse. For information about this specific program email supportsforolderadults@lloydminsterintervalhome.com
- Emergency Shelter remains open with safety protocols in place.

Alberta Health Services – Children’s Rehabilitation Services

Kirsten Burns, Speech Language Pathologist 780.853.5270

Email: kirsten.burns@albertahealthservices.ca



- Services primarily for children 0-5 years of age
- Walk in Clinic - First Tuesday of every month from 9 am - noon. 780.853.5270 to register for a phone/Zoom consult with a Speech Language Pathologist, Occupational Therapist, Physiotherapist, or Social Worker about child development needs.
- New Moms and Dads Survival Series, Hello There Pumpkin – A group for first time parents and baby’s birth to 1 year old, focusing on building language, motor skills, good sleep schedules, taking care of mom, dad and more. Sessions are 10:00 – 11:00 am on zoom, dates include October 5, 12, 19, 26, November 2, 9, 16. Call Megan Clarke at 780.853.5270 to register.
- Goodbye Mealtime Struggles – Free workshops for parents of children one to five years of age. Join the interactive discussion with other parents, a Pediatric Occupational Therapist, and a Registered Dietitian. Dates include daytime and evening options. To register call 780.853.5270. The zoom link is emailed one day prior to the class.



Volunteer Resources, Alberta Health Services

Susan McCully, Coordinator Volunteer Resources 780.853.8842

Email susan.mcculley@ahs.ca

- Volunteers are an integral part of the health care team and contribute to the well-being of the patients and residents. If you have any questions about volunteering for Alberta Health Services, please contact Susan or see the website for ore more information <https://albertahealthservices.ca/info/Page12616.aspx> .
- At present time, many of our volunteer programs are still on hold (ie. Pet Visitation and Group volunteers).

Midwest Family Connections (MFC), Lloydminster

Becky Walker, Family Engagement Coordinator 1.306.825.5911

Email: becky@midwestfamilyconnections.ca

- Park Program - Holding a park program in Vermilion on Sept. 15 from 10:30-12:00.
- Coffee Talk for Parents of Teens – The opportunity to connect with one of our staff to discuss topics of concern and/or get information on developmental relationships, the teenage brain, positive parenting strategies for a variety of topics and information on community resources – offered over the phone or through ZOOM
- Mothers First – 1-1 sessions for new mothers. Information and support focuses on the experiences and needs of new mothers who may be experiencing or concerned about anxiety, stress or Post Partum Depression – offered in-person at MFC or through ZOOM 1-1.
- Fear-Less Triple P – Set of 6 sessions for parents/caregivers of children who experience moderate to high levels of anxiety. Information and strategies focus on children 6-14 years of age. Sessions will be held via ZOOM.
- Up-coming programs – We will be running group early-learning programming starting in October.
- MFC continues to support families through phone calls, emails and ZOOM in the Early Childhood Intervention, Preschool Mental Health, Parent Child Assistance Program, Home Visitation and Family Coaching & Mentorship programs. *Some programs allow for outdoor visits, visits in our centre, and visits in community spaces. We will continue to move to in-home visits as provincial health protocols and funders allow.*



VIBE (Vermilion Is Being Empowered), Mental Health Capacity Building(MHCB)

Pat Calyniuk, VIBE Wellness Manager 780.853.3718

Email pat.calyniuk@btps.ca

- VIBE’s mission is to promote positive mental health in children, youth, families and individuals in the community who interact with children and youth. VIBE schools include: J.R. Robson School, St. Jerome’s School, Vermilion Elementary School, Vermilion Outreach School, School of Hope, Mannville School, Kitscoty Elementary School, Kitscoty High School, Dewberry School, Delnorte Innisfree School, Marwayne School, Blessed Sacrament School, St. Thomas Aquina, and Blessed Sacrament Outreach School. Outreach services can be provided to other schools upon request or organizations that are involved with youth.
- VIBE Staff for 2021-2022:
Pat Calyniuk, MHCB VIBE Wellness Manager pat.calyniuk@btps.ca,
VIBE Phone: 780.853.3718 (Innisfree, Dewberry)
Kari Thompson, MHCB VIBE Wellness Coach: St. Jerome’s (Vermilion), School of Hope (Vermilion) kari.thompson@ecacs16.ab.ca
Kirsten Evans, MHCB VIBE Wellness Coach: KES/KHS, Vermilion Outreach, Marwayne, Mannville kirsten.evans@btps.ca
Ramona Mathison, MHCB VIBE Wellness Coach: Vermilion Elementary, J.R. Robson ramona.mathison@btps.ca
Haley Newman, MHCB VIBE Wellness Coach: Blessed Scrament, Blessed Sacrament Outreach, St. Thomas Aquinas haley.newman@ecacs16.ab.ca

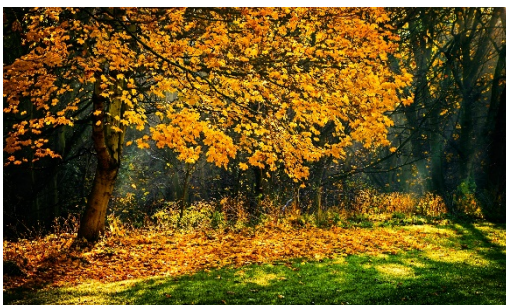


Vermilion & District Chamber of Commerce

Leanne Martin, Office Manager 780.853.6593

Email: leanne@vermilionbertachamber.com

- Nomination deadline for Small Business Awards is noon on September 15, see <https://vermilionbertachamber.com/small-business-awards-2/>. Awards Night will be Friday, October 22.
- Christmas Parade and activities on main street scheduled for Thursday, November 25.
- Chamber Community Christmas Party is scheduled for Saturday, December 4.
- Cash Mobs occur the last Thursday of every month.



Alberta Labour and Immigration

Deanna Basarab, Workplace Consultant Cell 780.536.4617

Email: deanna.basarab@gov.ab.ca

- Talent Pool Virtual Job Fair September 22, 2021, 8:00 am – 5:00 pm. Register to attend (before the date) <https://talentpooljobfair.com/registration/>
- Network Energy Career Fair September 28, 2021, 9:00 am – 4:30 pm. If you are an employer seeking staff, please email Lisa.Pollio@EnergySafetyCanada.com to sign up or get more information. Jobseekers can register by visiting this website: [Nextwork | 2021 Career Fair \(vfairs.com\)](http://Nextwork|2021CareerFair(vfairs.com))
- **Did you know?** You can send jobs postings to me and I will distribute them with local job boards and employment counsellors. As well, I can forward your job ads to help promote outside the community through social media.
- Alberta's unemployment rate has decreased to 8.5%, down from 9.3% in June 2021. Nationally, the unemployment rate was 7.5% in July 2021.
- Labour Market Notes – [Employment turns a corner](#). Hiring Bulletins for July 2021 as follows below:
 - There were 28,134 new job postings in July 2021. This is lower by 10% or 3,120 postings compared to June 2021 but above the 26,260 monthly pre-pandemic average. This is the 2nd consecutive month that job postings have exceeded pre-COVID levels.
 - Job postings declined in most Economic Regions except in: Wood Buffalo-Cold Lake (+188); and Red Deer (+109).
 - Job postings declined in most industries except in: Trades, transport and equipment operators and related occupations (+157); Natural and applied sciences and related occupations (+62); and Natural resources, agriculture and related production occupations (+17).
 - Job postings in most occupations declined but huge increases in postings were seen in the following occupations: Transport truck drivers (+285); Social and community service workers (+137); and Light duty cleaners (+94).
- Check out the latest [OHS eNews - August 2021 \(campaigner.com\)](#) for information on occupational health and safety.
- Canada-Alberta Job Grant –[CAJG](#). Several changes were made to the program in February 2021 to ensure broader access, so make sure you check those out. A reminder that this program can be used to train an unemployed Albertan that you might want to consider hiring... at 100% reimbursement! There is an informative YouTube video.
- Alberta Jobs Now Program - [AJNP](#). This program allows employers to apply for funding to offset the cost of hiring and training unemployed or underemployed Albertans in new or vacant positions. The next intake period opens September 16.



Community Health Promotion, Alberta Health Services

Joanne Stewart, Health Promotion Facilitator

Direct Office Line 780.631.0032 Cell 780.208.3719

Email Joanne.Stewart3@albertahealthservices.ca

- Vermilion Wellness Coalition - A busy summer with Community Capacity Funding grant activities, which were very well attended. There were weekly activities at the outdoor oven at the Heritage Park by the Vermilion Senior Centre and a partnership with VIBE to create and distribute Teen Grab n' Go bags. Cook n' Chat is going to start shortly. It is the final activity of the current grant. Stencils were purchased to encourage physical activity throughout the community. There were many contributions for the purchase of stencils and paint (Lions Club and Crisis Line were two of them). Non-instructional Day activity planning has been delayed until we have a better sense of what is happening with the fourth wave of COVID.
- Reducing the Impact of Financial Strain – Vermilion Project was wrapped up at the end of June.
- Rural Elder Abuse Prevention (REAP) Coalition - REAP received the follow-up Case Manager grant funding to start September 1st, 2021 – August 31, 2022. This project covers the Counties of Minburn, Lamont, Beaver, Flagstaff and Two Hills.
- Community Health Promotion Facilitator Team - We have formed geographic teams. Our North-east team covers the area from the North Saskatchewan River south to Stettler/Castor/Coronation/Consort; the Counties of Lamont, Beaver and Camrose east to the border.
- Over the summer I was tasked with assisting the Kalyna Country and Big Country Primary Care Networks to host a number of community engagement sessions to support their business planning renewal, which is due at the end of March 2022. I am also on the team leading our Health Promotion team through a Theory of Change, to run for 5 sessions in October.

Town of Vermilion Family & Community Support Services (FCSS)

Carol Coleman, Coordinator Direct Office Line 780.581.2413

Email: ccoleman@vermilion.ca

- FCSS funding applications are due September 15, 2021 for the 2022 budget year. The Budget Committee will meet September 28 to review all applications and the FCSS Advisory Committee will meet thereafter to finalize the 2022 program budget.
- Who is My Neighbour postcards are available for town residents at the Town Hall (office) to use to introduce themselves to their neighbours with contact information and something about themselves. During Covid-19 we have realized how valuable our connections to others are to assisting our mental health. This is a trial project.
- Mental Health and Wellness Committee – Vermilion & District Chamber of Commerce is the banker for the projects with this committee. The virtual Mental Health Conference is scheduled for Wednesday, January 19, 2022 and will include four speaker sessions: Ariel Haubrich (Positive Coping Strategies), Institute of Learning (Grief and Loss), Dr. Billy Streat (Adventures in Joy), Tammy Richard (Mindfulness in the Workplace). These sessions will be recorded and available for viewing after the live date. Conference registration fee will be \$25.00 each. Also following the conference date will be three short information sessions on various topics with Dr. Billy Streat.
- In June, along with County of Vermilion FCSS, a Covid Well-Being Survey was completed. From the 299 respondents, a infographic summary of the highlights was created. Both the highlights and the detailed report are available on the Town of Vermilion website <https://www.vermilion.ca/en/living-in-our-community/living-in-our-community-family-and-community-support-services.aspx>



Rapid Access Counselling, Catholic Family Service 1.877.244.2360

Shannon Kanda, Rural Family Engagement and Resource Coordinator 1.403.205.8533

Email: shannonkanda@cfs-ab.org

- Funding was extended to this agency. The counselling service is still available provincewide by phone or online sessions with skilled therapists. See <https://www.cfs-ab.org/ruralrapidaccesscounselling/>. There is a fee range of \$0 - \$185.00/per session.

Town of Vermilion Community Services - Parks, Recreation, Arts & Culture

Dawn Plaxton, Admin Assistant/Community Programmer 780.581.2402

Email: dplaxton@vermilion.ca

- Staff News: Kevin Lucas has moved from Community Services Director to Chief Administrative Officer for the Town of Vermilion effective September 7, 2021.
- New Ice Plant is installed and operational. Fundraising is very close to target goal. The Stadium ice is open for bookings by calling 780.581.2402, or emailing to Dawn.
- KidSport – Program aimed at providing financial support to economically disadvantaged children under the age of 18 by providing equipment or registration fees. All applications confidential and available at Town Hall(office). See <https://www.vermilion.ca/en/explore-and-play/kidsport-financial-support.aspx#Who-is-eligible-to-receive-a-KidSport-grant>



Vermilion Regional Centre, 5702 College Drive

Carol Coleman, Facility Coordinator 780.581.2413

Email: ccoleman@vermilion.ca

- This facility is open for bookings with renters responsible for compliance to the provincial health measures as outlined on the Covid-19 government website. Bookings in 2021 have been modified by renters to comply with the Covid-19 health measures. Town facilities will not be implementing a Restrictions Exemption Program.
- Dance classes have started for the season as per public health measures.

Kalyna Country Primary Care Network

Jaclyn Chartrand, RSW, Mental Health Navigator Call 780.632.2091

Email: jchartrand@kalynapcn.ca

- New position for Primary Care Network including many communities in our area.
- Taking referrals from community agencies and PCN Physicians and other community members who don't have a PCN Physician.
- Connect with Jaclyn by email or phone, a referral form is available as well.
- To help patients of any age (children, youth, adults, seniors) find resources or refer them if you don't know who to connect them to in their community.

FCSS Lloydminster

Amber Fast, Community Programmer Call 780.875.6184 Ext. 2919

- Womens Empowerment Webinar online with Patricia Morgan – 6:30 pm Thursday, September 30, 2021, no fee charge, pre-registraion required in order to receive the zoom link.
<https://www.eventbrite.ca/e/womens-empowerment-webinar-tickets-167788529007?aff=ebdssbonlinesearch>
- Senior’s Day Resilience webinar online with Patrician Morgan – 1:00 p.m. Friday, October, 1, no fee charge, pre-registration required to get the zoom link.
<https://www.eventbrite.ca/e/seniors-day-resilience-webinar-tickets-167483550809?aff=ebdssbeac>

CityU Virtual Counselling Clinic website www.cityuclinic.ca

Call 780.918.8290 Email: EdmontonVirtualClinic@cityu.edu

- Offers no cost professional counselling sessions remotely October 1, 2021 to March 31, 2022 Monday through Saturday 8:00 am to 8:00 pm to clients living across Alberta via a secured video conferencing platform. Services are provided by Master of Counselling Internship Students in the final year of their graduate degree, and are under the direction of a Registered Psychologist.
- Clients served include adults, youth children (6+), couples, and families
- Problems addressed include mood (ie depression) and anxiety disorders, simple trauma, grief and loss, behavioural challenges, parenting issues, relationships/attachment issues, addictions, or education/career related concerns.
- Technology requirements: Clients will need access to a private (passworded) and reliable internet connection and a laptop/smartphone/tablet that can facilitate video calls (like facetime or skype, only more secure)
- Self-referral, clients go to the Clinic website and click on the “request an appointment” button, the request is viewed within 72 hours. The Clinical Director or your Intern Counsellor will contact you to review your request and/or book an appointment.



Next Vermilion and Area Interagency Meeting

Thursday, January 13, 2022, Zoom Meeting 12:00 pm

Other Future Meeting Dates: Thursday, April 14, 2022



Emails will be sent in advance regarding the format of future meetings, whether in-person or via online zoom.

Vermilion & Area Interagency is a partnership between CLASS Vermilion River Community Learning and the Town of Vermilion Family & Community Support Services (FCSS)



CLASS Vermilion River Community Learning

